

Applicant Total Legal Name \_\_\_\_\_

LAMT or LMFT Required  
Course Summary for Application

**“B” Grade or Above Required In Each of the Required 60 Semester Graduate Hours.  
Course Equivalents: 3 Semester Credits or 4 Quarter Credits or 45 Didactic Contact Hours (Lecture Hours)**

Brick-Mortar (Traditional In-Classroom) and Distance Learning Course Work Accepted If Courses Meet the Adopted Standards

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Board Adopted Course Descriptions Follow This [Two Page](#) Form That Must Be Completed And Enclosed With Your Application. Do Not Enclose The Course Descriptions Provided For Your Information.

**MARRIAGE AND FAMILY STUDIES (9 Hour Minimum in three graduate courses)**

Course #	Course Title	Institution	Traditional Class	Online Course
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**MARRIAGE AND FAMILY THERAPY (9 hour minimum in three graduate courses)**

Course #	Course Title	Institution	Traditional Class	Online Course
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**HUMAN DEVELOPMENT (9 Hour minimum in three graduate courses)**

Course #	Course Title	Institution	Traditional Class	Online Course
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**ASSESSMENT (3 Hour minimum)**

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**PROFESSIONAL ETHICS (3 Hour minimum)**

Course #	Course Title	Institution	Traditional Class	Online Course
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**RESEARCH (3 Hour minimum)**

Course #	Course Title	Institution	Traditional Class	Online Course
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**PSYCHOPHARMACOLOGY (3 Hour minimum)**

Course #	Course Title	Institution	Traditional Class	Online Course
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**PRACTICUM/INTERNSHIPS (9 Hour Practicum/Internships three semesters)**

Course #	Course Title	Institution	Traditional Class	Online Course
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Approved \_\_\_\_\_ Denied \_\_\_\_\_  
Signature Signature

Date \_\_\_\_\_ Date \_\_\_\_\_

**INFORMATION ONLY DO NOT INCLUDE WITH APPLICATION**

Review the descriptions to select courses from your transcripts to complete the required 2 page form you must complete and mail with your application

Course Descriptions Adopted From  
American Association for Marriage And Family Therapy (AAMFT)

The AAMFT embraces a family systems perspective of human and family development and of the treatment of both individual and family problems. The following five areas are deemed essential educational training for the practice of marriage and family therapy.

Descriptions adapted from Version 10.2  
Commission on Accreditation for Marriage and Family Therapy Education of the American Association  
for Marriage and Family Therapy  
112 South Alfred Street, Alexandria, VA 22314-3061  
Phone: (703) 838-9808. Fax (703) 838-9805  
Home Page: <http://www.aamft.org>

The requirements above are for the Arkansas Marriage and Family Therapy License only. See AAMFT (American Association for Marriage and Family Therapy Clinical Membership) for national clinical membership requirements (WWW.AAMFT.ORG)

Required Core Curriculum Course Descriptions for LAMFT or LMFT Application

“B” Grade or Above Required In Each of the Required 60 Semester Graduate Hours.  
Brick-Mortar (Traditional In-Classroom) and Distance Learning Courses Accepted If Courses Meet the Standards Adopted By the Board

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The AAMFT embraces a family systems perspective of human and family development and of the treatment of both individual and family problems. The following five areas are deemed essential educational training for the practice of marriage and family therapy.

*Course Equivalents: 3 semester credit or 4 quarter credits or 45 didactic contact hours (lecture hours)*

**MARRIAGE AND FAMILY STUDIES (9 Hour Minimum/3 Courses)**

Courses in this area should present a fundamental introduction to systems theory. Courses should address a wide variety of family structures and a diverse range of contemporary issues, which include but are not limited to gender, violence, addictions, and abuse from a relational/systemic perspective. Examples of courses: systems theory, family development, family subsystems, blended families, gender issues in families, cultural issues in families, family violence, family communications, etc. *Survey or overview courses in which systems is one of several theories covered are not acceptable in this area..Courses in which systems theory is the major focus and other theories of individual or families are studied in relation to systems theory are appropriate.*

**MARRIAGE AND FAMILY THERAPY (9-hour minimum/3 courses)**

Courses in this area should have a major focus on advanced family systems theories with their therapeutic interventions. This area is intended to provide a substantive understanding of the major theories of systems change and the applied practices evolving from each theoretical orientation. Examples of courses:

strategic therapy, intergenerational family therapy, systemic sex therapy, etc  
*Survey, or overview course, in which family therapy is one of several types of theories covered are not acceptable.*

#### **HUMAN DEVELOPMENT (9 Hour minimum/3 courses)**

Courses in this area should provide knowledge of individual personality development and its normal and abnormal manifestations. The student should have relevant coursework in human development across the life span that includes special issues that affect an individual's development (i.e., culture, gender and human sexuality). This material should be integrated with systems concepts. Examples of courses: human development, cross-cultural studies, child/adolescent development, human sexuality, personality theory, etc. *One of these 3 courses must include Psychopathology.*

*Test and measurement courses are not accepted toward this area.*

#### **ASSESSMENT (3 Hour minimum)**

Courses in this area address the use of formal and informal assessment of individual, relationship, family, and systemic factors including the assessment and treatment of major mental health issues. Individual assessment includes standard individual cognitive, emotional, behavioral, and social instruments.

Assessment of systemic factors includes valid relational, structural, and family functioning instruments.

*NOTE: under Arkansas law, Projective techniques in the assessment of personality are not permitted for Counselors under this license. Act 593 of 1979, 17-27-102, (7)(B) and (8)(B), found in ACA page 273 of 09/03/02.*

#### **PROFESSIONAL ETHICS (3 Hour minimum)**

Courses in this area are intended to contribute to the professional development of the therapist. Areas of study should include the therapist's legal responsibilities and liabilities, professional ethics as a marriage and family therapist from AAMFT's Code of Ethics, professional socialization, and the role of the professional organization, licensure or certification legislation, independent practice and inter-professional cooperation.

*Religious ethics courses, philosophy or moral theology courses are not accepted toward this area.*

#### **RESEARCH (3 Hour minimum)**

Courses in this area should assist students in understanding and performing research and include significant material on research in couple and family therapy. Course examples: research methodology, quantitative methods and statistics, qualitative research, etc.

*Individual personality, test and measurement, and library research courses are not accepted toward this area.*

#### **PSYCHOPHARMACOLOGY (3 Hour minimum)**

The physiological/medical aspects of mental illness and the medications that are used to treat specific common disorders are examined. Content includes basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications so that appropriate referral can be made for medication evaluations and identifying effects and side effects of such medications.

**PRACTICUM/INTERNSHIPS (9 Hour Practicum/Internships)** Applicants must complete a minimum 1-year practicum (500 hours of client contact with individuals, couples and families). The direct client contact hours must have been supervised by site supervisors assigned by the university in addition to the university's faculty's supervision.

#### **Credential Evaluation Services**

International graduate degree(s) must be submitted with an English translation and certificate from a credential evaluation service and approved by the Board. These agencies must certify that the foreign degree is equivalent to a United States graduate degree. All costs for this certification are the responsibility of the applicant. For a list of services, please contact the National Association of Credential Evaluation Services, Inc. at (414)289-3400.