

Technology-Assisted Counseling Specialization Instructions

A. Qualifications

1. Must hold an AR license to practice (Associate status allowed).
2. Must complete all TA application requirements.
3. Must pass an oral interview with the board.
4. Must submit a non-refundable one-time fee of \$50.00

B. Application Requirements (submit all paperwork together)

1. Complete TA Counseling Application
2. Complete Statement of Intent listing TA Counseling Specialization
3. Required Training Course
Each licensee must complete a technology training course from one of the following board approved courses. The courses are available in an online format. A copy of the training certificate must be submitted to the board with the application paperwork for the TA Counseling Specialization.
 - a. ZUR Institute- www.zurinstitute.com this is an online 22-hour course entitled “TeleMental Health & Digital Ethics.”
 - b. Renewed Vision Training- www.renewedvisiontraining.com this is a 15- hour course entitled “Telemental Health Counseling & Supervision.”
4. Required Responses to NBCC Guidelines (20 statements)

NBCC published “20” statements that provide necessary guidelines for clinicians who use technology in their counseling practice. All candidates for the specialization are required to submit in-depth and itemized descriptions of how they will use these guidelines in their practice. (***Respond from the viewpoint of being in Private Practice***)

This written document must be submitted to the board along with the application paperwork. The board will review this material during the oral interview for the TA counseling specialization.

All candidates should review the 2014 ACA Code of Ethics (Section H: Distance Counseling, Technology, & Social Media). This section of the code will be helpful to review prior to the oral interview.

5. Practice Plan Description

Each candidate must submit a brief description (2 typed pgs. max) of their plan for using TA counseling in your practice. This plan should include the following:

- What has contributed to your interest and motivation for seeking this specialization?
- What are the particular electronic formats you prefer to use (phone, text based, video, etc.)?
- What are the targeted populations and issues related to informed consent or treatment, i.e., consent to treat a minor.
- Describe the frequency and percentage you expect to use this method in your practice.

Final Instructions:

Combine all materials and send all items together to the board. The board will review the materials and notify the candidate of the date and time for the TA Counseling oral interview. The notification will be completed through the candidate's email address on file with the board office.

Below are links to where you can receive the training for this specialization:

<http://www.zurinstitute.com/certificateintelementalhealth.html>

<http://www.renewedvisioncounseling.com/telemental-health-counseling.html>

TA Specialization Materials Checklist:

- ___ Application
- ___ \$50 Check to ABOEC
- ___ Statement of Intent with TA Specialization
- ___ Copy of TA Training Certificate
- ___ Responses to NBCC Guidelines "20" Statements
- ___ Brief Description of Practice Plan

Bundle and submit all of the materials described above with a non-refundable \$50.00 check made payable to:

ABOEC
101 E. Capitol, Su. 202
Little Rock, AR 72201