

## Frequently Asked Questions

Updated March 25, 2021

### 1. Licensure renewal 2021

- a. **How many continuing education hours do I need to renew?**  
You need 24 hours, which is equal to 1 CE hour per month. See Rules section 7.2(a)
- b. **How many CE hours must be in ethics?**  
You need 3 hours in ethics. See Rules section 7.2(a)
- c. **How many CE hours can be done online?**  
All 24 CEs may be completed online.
- d. **I previously obtained a specialization. How many CE hours must be associated with that specialization?**  
The board no longer specifies how many hours must be associated with a specialization. See Rules section 7.2(h)
- e. **I took a workshop last summer from PESI, will the board accept the hours for CE toward renewal?**  
Rules section 7.2(e) outlines what types of CEs the board will accept.
- f. **I have Board-approved supervision status. How many CE hours must be related to supervision?**  
You need 6 hours. See Rules section 7.2(g)
- g. **I have Board-approved Supervision Status. How many CE hours must be obtained through an in-person workshop/conference?**  
None. Three of the 6 required hours must be completed through state or national associations, Arkansas universities, and the Board. See Rules section 7.2(g)

### 2. New core curriculum requirement: Technology in Counseling (1 hour credit)

- a. **I graduated several years ago and am now applying for licensure. Do I have to go back to school and take a course to meet the 1-hour Technology in Counseling course requirement?**  
No. Those who graduate prior to 2021 do not have to take the course. Those who graduate in 2021 and in subsequent years must take the course.
- b. **I am graduating May 2021 and my school does not offer the course. Do I still need to take it?**  
Yes. You must enroll in a different college/university that offers the course.

### 3. Technology-assisted services

- a. **Can a practitioner from another state conduct technology-assisted counseling/therapy with a person located in Arkansas?**  
No. To provide technology-assisted services to a person located in Arkansas, the practitioner must be licensed in Arkansas. See the Arkansas Telemedicine Act. See also Rules section 9.1 for licensure by endorsement instructions.
- b. **Can a practitioner licensed in Arkansas provide technology-assisted counseling/therapy services to a client who has returned home to another state due to the public health crisis?**  
The Arkansas practitioner must consult with the licensing board in the state where the client is residing.
- c. **Can a person with an Arkansas license who is in another state provide technology-assisted services to people located in Arkansas?**  
Yes. Anyone who has an active Arkansas license may provide technology-assisted services to people located in Arkansas.

**d. Once the Governor’s executive order expires, can I still provide technology-assisted services to clients?**

**ACA Code of Ethics section C.2.b.** states: “Counselors practice in specialty areas new to them only after appropriate education, training, and supervised experience. While developing skills in new specialty areas, counselors take steps to ensure the competence of their work and protect others from possible harm.”

**ACA Code of Ethics section H.1.a.** states: “Counselors who engage in the use of distance counseling, technology, and/or social media develop knowledge and skills regarding related technical, ethical, and legal considerations (e.g., special certifications, additional course work).”

**AAMFT Code of Ethics section 3.6** states: “While developing new skills in specialty areas, marriage and family therapists take steps to ensure the competence of their work and to protect clients from possible harm. Marriage and family therapists practice in specialty areas new to them only after appropriate education, training, and/or supervised experience.”

**AAMFT Code of Ethics section 9.7** states: “Marriage and family therapists represent themselves as providing specialized services only after taking reasonable steps to ensure the competence of their work and to protect clients, supervisees, and others from harm.”

**4. Supervision**

**a. Due to the public health crisis my technology-assisted supervision hours will exceed 50% of my supervision hours. Will the board accept these hours?**

Yes. The board is aware that technology-assisted supervision may exceed 50%. The Board would like the barriers to meeting face to face documented on the six-month evaluation.

**b. Where do I submit my 6-month evaluation and hours report?**

Please email these documents to [arboec@arkansas.gov](mailto:arboec@arkansas.gov). Do not email the documents to multiple people.