



# Arkansas Board of Examiners in Counseling and Marriage & Family Therapy

Applicant Legal Name\_\_\_\_\_

## LAMFT or LMFT Required Course Summary For Application

**“B” Grade or Above Required in Each of the Required 60 Semester Graduate Hours**  
**Brick Mortar and Distance Learning Course Work Accepted If Courses Meet the Adopted Standards**  
**Course Equivalents: 3 Semester Credits or 4 Quarter Credits or 45 Didactic Contact Hours (Lecture Hours)**

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### **FOUNDATIONS OF RELATIONAL/SYSTEMIC PRACTICE, THEORIES & MODELS (6 Graduate Credit Hour Minimum in 2 Graduate Courses)**

This area facilitates students developing competencies in the foundations and critical epistemological issues of MFTs. It includes the historical development of the relational/systemic perspective and contemporary conceptual foundations of MFTs, and early and contemporary models of MFT, including evidence-based practice and the biopsychosocial perspective. FCA 1 COAMFTE Version 12.5

Course #	Course Title	Institution	Traditional Class	Online Course

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### **CLINICAL TREATMENT WITH INDIVIDUALS, COUPLES AND FAMILIES (6 Graduate Credit Hour Minimum in 2 Graduate Courses)**

This area facilitates students developing competencies in treatment approaches specifically designed for use with a wide range of diverse individuals, couples, and families, including sex therapy, same-sex couples, working with young children, adolescents and elderly, interfaith couples, and includes a focus on evidence-based practice. Programs must include content on crisis intervention. FCA 2 COAMFTE Version 12.5

Course #	Course Title	Institution	Traditional Class	Online Course

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### **DIVERSE, MULTICULTURAL AND/OR UNDERSERVED COMMUNITIES (3 Graduate Credit Hour Minimum)**

This area facilitates students developing competencies in understanding and applying knowledge of diversity, power, privilege and oppression as these relate to race, age, gender, ethnicity, sexual orientation, gender identity, socioeconomic status, disability, health status, religious, spiritual and/or beliefs, nation of origin or other relevant social categories throughout the curriculum. It includes practice with diverse, international, multicultural, marginalized, and/or underserved communities, including developing

competencies in working with sexual and gender minorities and their families as well as anti-racist practices. FCA 3 COAMFTE Version 12.5

Course #	Course Title	Institution	Traditional Class	Online Course
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**RESEARCH & EVALUATION (3 Graduate Credit Hour Minimum)**

This area facilitates students developing competencies in MFT research and evaluation methods, and in evidence-based practice, including becoming an informed consumer of couple, marriage, and family therapy research. If the program’s mission, goals, and outcomes include preparing students for doctoral degree programs, the program must include an increased emphasis on research. FCA 4 COAMFTE Version 12.5

Course #	Course Title	Institution	Traditional Class	Online Course
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**PROFESSIONAL IDENTITY, LAW, ETHICS & SOCIAL RESPONSIBILITY (3 Graduate Credit Hour Minimum)**

This area addresses the development of an MFT Identity and socialization, and facilitates students developing competencies in ethics in MFT practice, including understanding and applying the AAMFT Code of Ethics and understanding legal responsibilities. FCA 5 COAMFTE Version 12.5

Course #	Course Title	Institution	Traditional Class	Online Course
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**BIOPSYCHOSOCIAL HEALTH & DEVELOPMENT ACROSS THE LIFE SPAN (3 Graduate Credit Hour Minimum)**

This area addresses individual and family development, human sexuality, and biopsychosocial health across the lifespan. FCA 6 COAMFTE Version 12.5

Course #	Course Title	Institution	Traditional Class	Online Course
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**SYSTEMIC/RELATIONAL ASSESSMENT & MENTAL HEALTH DIAGNOSIS AND TREATMENT (3 Graduate Credit Hour Minimum)**

This area facilitates students developing competencies in traditional psycho-diagnostic categories, psychopharmacology, the assessment, diagnosis, and treatment of major mental health issues as well as a wide variety of common presenting problems

including addiction, suicide, trauma, abuse, intra-familial violence, and therapy for individuals, couples, and families managing acute chronic medical conditions, utilizing a MFT relational/systemic philosophy. This includes the use of the current DSM. FCA 7 COAMFTE Version 12.5

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**USE OF TECHNOLOGY IN COUNSELING/THERAPY (1 Graduate Credit Hour Minimum)**

A study of the process, application and implementation of technology assisted counseling/therapy that meets state academic requirements for the distance delivery of clinical services. Areas of study will include the integration of ethical and social responsibility, current standards of practice for distance delivery and appropriateness of services with diverse individuals, relationships, and families.

Course #	Course Title	Institution	Traditional Class	Online Course
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**PRACTICUM AND/OR INTERNSHIPS (9 Graduate Credit Hour Minimum in 3 Graduate Courses over a minimum of 9 months)**

The total number of practicum/internship hours must include a minimum of 300 direct clinical contact hours. These direct contact hours can include individuals, couples, families and other systems physically present but 100 of the direct clinical contact hours must be relational. Students must receive at least 100 hours of supervision. Supervision can be individual (one supervisor with one or two supervisees) or group (one supervisor and eight or fewer students) and must include supervision utilizing observable data. COAMFTE Version 12.5 KE IILC

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**Credential Evaluation Services**

International graduate degree(s) must be submitted with an English translation and certification from a credential evaluation service and approved by the Board. These agencies must certify that the foreign degree is equivalent to a United States graduate degree. All costs for this certification are the responsibility of the applicant. For a list of services, please contact the National Association of Credential Evaluation Services, Inc at (414) 289-3400.

Descriptions adapted from Version 12.5

Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy

112 South Alfred Street, Alexandria, VA 22314-3061

Phone: (703) 838-9808. Fax (703) 838-9805

Home Page: <http://www/aamft.org>

The requirements above are for Arkansas Marriage and Family Therapy License only. See AAMFT (American Association for Marriage and Family Therapy Clinical Membership) for national clinical membership requirements (WWW.AAMFT.ORG)

**Effective July 1, 2020**

**Arkansas Board of Examiners in Counseling**

**101 East Capitol, Suite 202**

**Little Rock, AR 72201**